



**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

20<sup>th</sup> September 2024

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

**#This week  
@SAW**

Welcome to this week's Parental Bulletin which gives you a summary of Academy Events, Sporting achievements, important information and weekly Student Nominations from staff. If you've missed checking our socials, it's all here for you.

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# RESPECT *for Community*

General Academy News



## RESPECT for Community General Academy news

### Parental Engagement

As we settle into the new academic year, we would like to thank our parents and carers for the smooth return of students.

We are aware of some issues with the stamps placed onto uniform and will organise for these to be re-stamped over the coming weeks.

After collecting our parental voice at different stages last year, we will share some changes we have made and are looking to make over the coming months to respond to this feedback.

As always, we value all feedback from our community therefore if you have any worries or concerns, please contact the academy as well as responding to any opportunities for feedback to allow us to work together.



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### **Parent / Carer Evenings**

The dates for the academic year for Parent / Carer Evenings are listed below. These dates are crucial for parental attendance, as the opportunity to meet teachers and discuss progress is vital.

#### **Year 7 Pastoral Evening**

Thursday 24<sup>th</sup> October 2024. (Please note this is a pastoral evening to check on how students have settled, not an academic evening to focus on subjects and learning).

#### **Year 10 Evening**

Thursday 28<sup>th</sup> November 2024.

#### **Year 11 Evening**

Confirmed dates for this and the mock exam results hand out will be advised shortly.

#### **Year 8 Evening**

13<sup>th</sup> February 2025.

#### **Year 9 Evening**

20<sup>th</sup> March 2025 (Please note this will coincide with information on GCSE 'Choices').

#### **Year 7 Evening**

Thursday 8<sup>th</sup> May 2025.

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## General Academy News



### Homework

All students have now received their first week's homework on SPARX or Seneca and can login to access it.

If students have lost their passwords, both platforms offer password resets.

On SPARX, students need to press 'forgot my password' and follow the instructions. This will trigger their password to be reset within 24 hours, at which point they need to press 'forgot my password' a second time.

On Seneca, students need to press 'reset my password' and enter their school email address. This will send an email to their school account.

Students should check they can login at least 24 hours ahead of their homework deadline to ensure there are no issues and they can seek support if required.

If student's login to Seneca and no tasks are displayed, they may have typed their email address incorrectly or used an automated sign in with a personal account such as Gmail. They should use an email of the [username@siriusacademy.org.uk](mailto:username@siriusacademy.org.uk)

Their username is the same as their computer login at school.

Year 7 students have been given login details in lessons. If they've missed this lesson, they can login to SPARX by pressing 'New SPARX User' and Seneca using the password seneca2020.

Many thanks for all your support. If students have login issues, please direct them to Mrs Leonova in 133 or 137.

Our weekly homework expectations are now up and running. The homework platforms are SPARX for Maths and SENECA for all other core subjects. Homework tasks are set to a manageable amount and will be checked weekly.

Each year group will have its own check day, and any students who have not completed their homework by this day will be placed into a homework detention on that evening. The year group check days are:

**Year 7- Thursday**

**Year 8- Monday**

**Year 9- Tuesday**

**Year 10- Wednesday**

**Year 11- Friday**

Please ensure you try to support your child in setting effective routines in when to complete homework. ICT access is available before, during and after school in the Learning Resource Centre. **There is a space at the front of the student planner for students to write usernames for log-in.**

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## General Academy News



**We're now on Instagram!**



You can now follow us on Instagram using the QR code opposite or search our handle:



**@siriusacademywest**



**@Sirius Academy West**



**@siriusacademy**

### Homework

Reminder of homework completion check days for each year group. Students must have completed all set SPARX and SENECA in Year 7, 8 and 9 as well as GCSE Pod and any Option subject homework in Years 10 and 11.

**Year 7 - Thursday**

**Year 8 - Monday**

**Year 9 - Tuesday**

**Year 10 - Wednesday**

**Year 11 - Friday**



**Sparx Maths**

**gcsepod**  
education on demand

Please ensure you try to support your child in setting effective routines in when to complete homework. ICT access is available before, during and after school in the Learning Resource Centre.

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Last week, all KS3 students received Sirius Academy wallets to keep their reading books safe in their bags. We're really looking forward to seeing all the fantastic books students are reading during lesson one!

 **Safer Hull** *Sirius West*  
Safer, Stronger, Resilient Communities 

**We are looking for your ideas for potential activities to be held in and around the Bethune & Gower area.**

**We are asking pupils across Year 7-9 what you would like to see available.**

**We want to hear your FUN, EXCITING and INTERESTING choices.**

**Please scan the QR code below and complete the form. Don't be afraid to put as many ideas as you can in the text box.**  
**THE MORE THE BETTER**




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General Academy News



Samba  
Sandwiches

Will you find a  
**GOLDEN**  
ticket in your sandwich?



- Promotion starts after October half term, 6<sup>th</sup> November and runs up to Christmas!
- Twice a month a small golden ticket is put in a sandwich from the range for any of our schools.
- Find a ticket and you get a gift!



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## General Academy News



We held our first Character Education workshops of the year. Students explored their year group specific modules focused around goal-setting for the year ahead.



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# RESPECT for Community

## General Academy News



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

### 10 Top Tips for Parents and Educators

## SUPPORTING CHILDREN TO MANAGE CONFLICT EFFECTIVELY

Disagreement is a natural part of human interaction. This can seem particularly true when dealing with the sensitive issues that arise for secondary-aged pupils. This guide brings you 10 top tips which can help prevent conflicts arising or mitigate their impacts when they do.

#### 1 INSPIRE RESPONSIBILITY

The best approaches to conflict resolution are restorative. This means that rather than adults imposing their own solutions on children who have had a disagreement, they should work with them. Allowing them to handle it can feel empowering to young people and will hopefully teach them to manage their own disputes as they move towards adult life.

#### 2 ACTIVELY LISTEN

Remember to give every child the opportunity to voice their opinion, regardless of their age, stage of development, special educational needs, or other individual requirements. This can be done using a variety of different communication methods. For example, some children find it easier to express how they're feeling using pictures and drawings, while some prefer to write their ideas down.

#### 3 BE CURIOUS

Demonstrating how to approach conflicts with a mature and empathetic mindset can set a good example to children, which can prove a useful skill for them later in life. Model this by asking inquisitive-yet-respectful questions about the issue at hand. Really try to understand where all parties are coming from, and share information between them when and where appropriate. This should encourage young people to mirror your behaviour, teaching them to be curious about the other sides of a conflict, and thus being more willing to hear them out.

#### 4 PROMOTE DIFFERENCES

Children and young people may come from a range of different backgrounds and cultures or have protected characteristics which may cause them to see things from various angles. Having a school and community culture which celebrates and embraces diversity in all things – including diversity of opinion – means people are more likely to feel heard and understood.

#### 5 BE SUPPORTIVE

Discussions may be sensitive or, in some cases, even trigger negative emotions. Pupils may have mixed feelings about the issue at hand. They could be nervous or anxious before even coming to the table to talk about it. Try and create a space where all parties feel safe, welcome and comfortable. Allow breaks and time-outs if the conversation gets heated, to prevent anyone from saying something they might later regret.

#### 6 MENTALLY PREPARE

Think of how you can approach the conflict in a calm and regulated manner. Consider taking some extra time to prepare beforehand and finding somewhere quiet to relax. Even if you're not directly involved with the conflict, mediating can be a stressful experience in its own right. Make sure you're hydrated, fed and comfortable, and do the same for the young people involved. These may seem like insignificant factors, but it's important to remember that physical discomfort can trigger dysregulation, which can make it much harder to have a calm, productive conversation.

#### 7 GET YOUR FACTS STRAIGHT

Make sure you have all the facts, figures and timelines of the situation prior to the discussion. This should be done as objectively as possible with the aim of resolving the ongoing issue. You may want to risk assess any problems that may arise and look for possible solutions during your preparation time.

#### 8 STICK TO THE POINT

Make the reason for, and purpose of, any meetings or communications clear prior to setting them up. Provide an agenda. Act as a neutral chairperson who can keep all parties on track. Make sure everyone has a chance to air their concerns about the issue being discussed and try to avoid talking about unrelated incidents. Close off with some action points, detailing what everyone can do to resolve the conflict.

#### 9 BE SOLUTION FOCUSED

It's often said that the art of diplomacy is about giving others ladders to climb down. This means the main aim of any meeting or correspondence should be finding mutually acceptable and amicable solutions. Parents, carers, teachers and pupils should be aware there may need to be a compromise for the common good – and, most importantly, the good of the children you're supporting.

#### 10 DON'T IGNORE OR AVOID CONFLICT

No one benefits from allowing concerns and grievances to fester, as this can lead to further division and mistrust, and ultimately doesn't help the children involved. Use our tips to open meaningful lines of communication. These should help you find a suitable resolution and minimise the number of conflicts you're faced with mediating overall.

#### Meet Our Expert

Catrina Lawri is a neurodivergent former SENCO and advisory teacher. She founded her company, Neuroteachers, to improve inclusion for neurodivergent people. She works with nurseries, schools, colleges and businesses providing consultancy, training and mentoring to create belonging and understanding for people with the full range of neurotypes.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-manage-conflict-effectively>

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# RESPECT *for Community*



## General Academy News



**Our new Year 7's**  
We're so proud of how smart our Year 7's are – very impressed indeed!

### Year 6 Open Night

Sirius Academy West are inviting all Year 6 pupils to our Superhero themed Open Night on Thursday 3 October, 4.30-7.00pm. The evening is designed to give all pupils, and their parents and carers, the opportunity to familiarise themselves with the academy in preparation for September 2025. Advice will be provided to support parents with the admissions process and our Sporting Aptitude Test. Please inform any friends or family that may be interested. All pupils in our local Primary Schools will soon receive their personalised invitations.

**ATTENTION!**

**CALLING ALL SUPERHEROES!**

**Year 6 Open Night**  
Thursday 3rd October 2024, 4.30-7.00pm

You are invited to  
**A NIGHT OF EPIC ADVENTURE**

Sirius Academy West  
296 Anlaby Park Road South, Hull, HU4 7JB Tel: (01482) 352939  
W: [sirius-academy.org.uk](http://sirius-academy.org.uk)

Any questions regarding Transition or the Admissions Process can be sent directly to the Transition Team.  
[west-transition@siriusacademy.org.uk](mailto:west-transition@siriusacademy.org.uk)  
[@siriusacademywest](https://www.instagram.com/siriusacademywest)  
[@siriusacademy](https://www.instagram.com/siriusacademy)

Use the QR Code to sign up and find out more information!

THE CONSTELLATION

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## General Academy News



### RESPECT FOR Education- Lesson 1 Content

This students have completed the following tasks in their Lesson 1 lessons. Please discuss with them as we continue to develop the knowledge of our students:

Votes for Schools Topic (Key Stage 3 students only - This is a debate topic with pre-prepared materials)

The students discussed the topic of, 'Do you have access to healthy foods in your community?'

### Character Education



Character Education is a time-tabled lesson within our Lesson 1 curriculum in which students focus on skills and traits which will allow them to be successful in not only their academic studies but also in other aspects of their life.

All students will focus this half-term on goal-setting for the year ahead and ensuring they understand why this is important for them. Lessons are year group specific and focus on the evidence behind goal-setting and benefits it gives individuals.

Goal-setting grids can be found in the student planner on Page 20. Please discuss over the coming weeks with your child and be aware of their targets.

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General Academy News



## SOUTHERN FRIED CHICKEN FRIDAY

*Time to Panini*



### FRIDAY SPECIAL 3 ITEM MEAL DEAL

Southern fried chicken panini + selected drink +  
selected fruit of the day \*or sweet snack.

ALL FOR  
**£2.70**

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## General Academy News



### HEY Business Growth Skills Hub Health and Care Parent and Carer Webinar

Are you **PARENT OR CARER** of a child in Hull or East Yorkshire?  
Then you've come to the right place!

The Hull and East Yorkshire Careers Hub is part of the Government's Careers Strategy implemented nationally to support secondary schools and colleges in implementing a 'world-class' standard of careers guidance.

#### HIGHLIGHTS

- 👤 Meet current apprentices and hear about their experiences
- 💡 Engage in a live Q&A session
- 📄 Learn about the variety of opportunities in Health and Care



Curious about apprenticeships? Join our webinar to see why they're the future for your children!

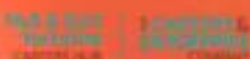
#### EVENT DETAILS

📅 Date: Wednesday 25 September

🕒 Time: 18:00 – 19:00

📍 Location: Virtual

#### REGISTER HERE



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General Academy News



## School newspaper

Want to be a part of the school newspaper?  
Well, you've come to the right place.

See Miss Blount in room 307 if you want to sign up or know more about newspaper club. Then if you're interested you can pick a role that best suits you!

Meetings are every Monday after school until 4 o'clock. If you can't make it, you can do your section for the newspaper at home and send it to Miss Blount at [Blount.L@siriusacademy.org.uk](mailto:Blount.L@siriusacademy.org.uk)



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# Sporting Success



## Rugby Scholarships

A massive congratulations to the Sirius Academy West students who have been signed on for a Rugby Scholarship with Hull FC / Hull KR for the upcoming season. We are extremely proud of you all - Good Luck!

Marley C, Josh G, Clinton T - Hull KR

Jake F, Isaac L, Jacob L, Ashdon O, Leo M - Hull FC



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# Sporting Success



## Year 11 Boys Rugby Winifred Holtby 34 Sirius Academy West 34 (Winifred win on golden point)

With many injuries to key players within the Year 11 Boys rugby team, they travelled to National Semi Finalist's Winifred Holtby with only 13 players. This was always going to be an uphill battle, but every single player from 1 - 13 gave it their all, showing great commitment, attitude and character.

Sirius tries came from in from Marley C (3), Josh G, Ewan B and Natan Z (his first try for the Academy). Josh G converted 5 of the 6 conversions. With the score 34 - 34 after an hour of rugby, it went to golden point (a new rule for this year). Winifred received the ball from the kick off, and the 13 Sirius players looked tired as they defended the set of six, Winifred capitalised on this and went over in the corner for the try that won them the game.

Sirius were disappointed but can be extremely proud of their performance. Player of the match was shared between Archie H - who played his very first game in the hooker role, doing a great job and assisting with three of the tries and also fullback Jake S, who made some extremely important tackles as the last line of the defence.

Please congratulate the squad on their outstanding performance:-

Jake S, Natan Z, Freddie DP, Kayden A, Alfie H, Charlie K, Josh G, Ewan B, Archie H, Oliver G, Bartosz C, Kieran S and Marley C.

Next up for the Year 11s is an away match at St Mary's next Thursday, 4pm KO.  
Special thanks to Miss Butler who supported the boys at extremely short notice.

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# Students of the Week

*Congratulations!*

## **English**

**Y10 – Max R**

Engaged in learning and understanding the plot of Macbeth by answering questions accurately.

## **English**

**Y11 - Chloe A**

Created a well-structured story.

## **English**

**Y8 – Harry W, Orlan C**

Using their lunches and breaks to write their own stories.

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# Students of the Week

*Congratulations!*

**English**

**Y8 – Leo M**

Excellent strive and persistent focus in English.

**English**

**Y8 – Miya H**

Some really strong answers produced to difficult questions shared with the class!

**English**

**Y9 – Mason T, Kaine M**

Excellent active listening when reading The Hunger Games and analysis of the key characters in the novel.

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# Students of the Week

*Congratulations!*

## **English**

**Y7 – Ugo C, Libby-May L**

Excellent reading of Dracula in English.

## **History**

**Y11 – Jay D**

Engaged in his learning completing additional work in lessons this week.

## **Technology**

**Y11 – Vruti P, Beth F, Kanyin O, Chloe A**

Fantastic attitude and effort in Health and social care.

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# Students of the Week

*Congratulations!*

## **Technology**

**Y10 – Sonny C, Josh W, Grace B**

Fantastic attitude and effort in Health and social care.

## **PSHE**

**Y11 – Isabelle H**

Good attitude towards her work and making a positive start to Year 11.

## **PSHE**

**Y7 – Tanisha C**

Amazing definitions of discrimination and prejudice.

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# Students of the Week

*Congratulations!*

**PHSE**

**Y9 – Charlie P**

Great start to the Citizenship unit of work.

**PHSE**

**Y7 – Jacob C**

Excellent engagement in PSHE.

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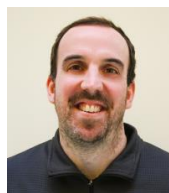
# Final Thought



**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**



“You don’t have to be great to start, but you have to start to be great.”



Mr A Kay  
Assistant Head Teacher - Pastoral and Attitudes to Learning

Enjoy the week ahead!

## Key Dates

**Thursday 3<sup>rd</sup> October – Y6 Open Evening**



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