

#ThisHalfTerm@SAW

Issue 5

Welcome back to all our students, families and staff as we begin the winter term at Sirius Academy West. We hope everyone enjoyed a restful break and is ready for another exciting and productive chapter in the school year.

This term, we continue to focus on excellence, effort and engagement, encouraging everyone to give their best, support one another and make the most of every opportunity. With new goals to achieve and plenty of activities ahead, we're confident this term will be filled with progress and pride.

Let's start the winter term with energy, positivity and determination - together, we can achieve more!



The Sirius Press

You can now follow us on Instagram using the QR code or search our handle:



@siriusacademywest



@KS4LIFESAW



@Sirius Academy West



Contents

Mikey Lewis

Page 2

ADHA Awareness

Page 3

Bikeability

Page 5

Creative Writing

Page 6

Reading Mentors

Page 9

Sports Clubs

Page 12

Year 9 Sports Leaders

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MIKEY LEWIS

Everyone at the academy is extremely proud of ex-student and Hall of Fame star, Mikey Lewis, who was awarded Man of the Match in the Super League Grand Final.

We are used to watching him lift trophies. Here is a throwback to when he led our Year 7 team to a Hull Schools Cup Final win.

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ADHD AWARENESS

Here at Sirius Academy West, we pride ourselves on being inclusive and supporting a range of diverse needs within our school community.

The month of October is ADHD awareness. This is a whole month to celebrate strengths and raise awareness of what life can be like for someone with ADHD. This year, the theme is 'The Many Faces of ADHD' and the month is dedicated to providing reliable information, reducing stigma, and supporting people with ADHD to thrive.

Did you know...

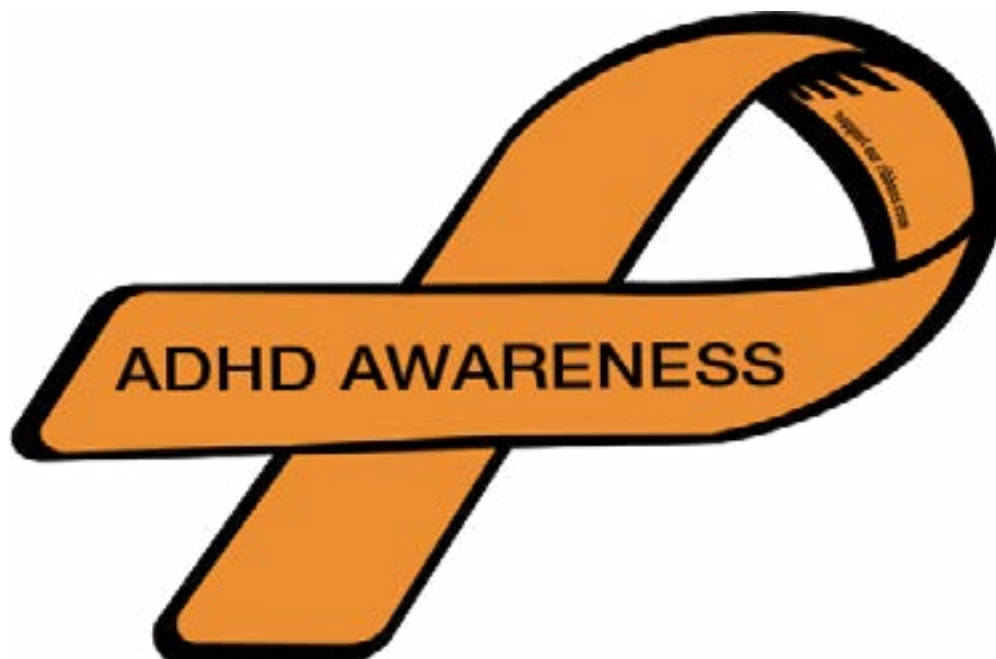
Boys are diagnosed two to three times as often as girls, but about 4.2% of girls have received a diagnosis of ADHD at some point in their life.

Although ADHD is often unfairly referred to as 'just being lazy', it's actually described as a neurodevelopmental disorder related to the chemical dynamics of the brain and it's not under voluntary control.

There are three main types of ADHD: inattentive, hyperactive and combined.

Although we are still learning about ADHD, incredibly, there are recordings of similar behaviour evidenced as far back as 1775 by a German physician!

If you'd like to know more, please visit: [ADHDAwarenessMonth 2025](#)



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BASKETBALL!

We are loving our new basketball kit!



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BIKEABILITY

The second set of students completed their Bikeability training this half term. Thanks to all those that have already signed up. You will get the chance before Christmas. Still space available for others! Parents and carers just need to complete the link to express an interest. <https://forms.office.com/e/HrEB2RqPCL>



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CREATIVE WRITING

Grim Tales Creative Writing Success!

Before the summer break, many of our talented KS3 students entered the Grim Tales creative writing competition, showcasing their imagination, storytelling skills, and love for literature.

We're delighted to announce that Young Writers have selected 100 of our students to have their work published in a special anthology!

This is a fantastic achievement and a testament to the creativity and effort of our young authors. We're incredibly proud of each and every one of them!



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HULL FC

Hull FC Inspiring Futures Programme

The Year 9 students have been taking part in the “Inspiring Futures Programme” hosted by the Hull FC Foundation. One of the sessions focused on the theme of Self Control, and we couldn’t have been more proud of the thoughtful contributions that our students made during the classroom discussions. Their engagement and maturity continue to impress -well done to everyone involved!



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NETBALL

Year 9 Netball Tournament

Year 9 Girls place 2nd in the Hull Schools Netball Tournament

Please congratulate our Year 9 girls as they entered the second round of the Hull Schools tournament.

Sirius (12) Vs Malet (0)

An outstanding start to the game saw Brooke B (Wing Attack) and Eda S (Center) deliver a series of precise and well-timed feeds into the goal circle. Their excellent teamwork and vision created numerous scoring opportunities for Zuzanna S and Ava W, who capitalised with confidence. With sharp shooting from all areas of the circle, the attacking duo surged ahead, securing a 12–0 lead early in the match. The team's cohesion and attacking momentum set the tone for a dominant performance.

Sirius (9) Vs St Marys (3)

In a closely contested fixture, our team put in a tireless performance against a strong and determined St Mary's side. Despite the pressure, our defence stood firm throughout the match, showcasing excellent teamwork and discipline. Millie T (GK), was a commanding presence in the goal circle, making crucial saves and intercepting key passes. She was well-supported by Lottie F (goal defence) and Meadow T (wing defence), who both demonstrated sharp anticipation and tight marking to disrupt St Mary's attacking flow.

The defensive trio worked seamlessly together, with Lottie F particularly effective in transitioning play from defence to attack. Her ability to create space in the centre third allowed for smoother ball movement and gave our shooters more opportunities to score.

Sirius (6) Vs Kelvin (12)

Sirius faced a challenging game against a strong Kelvin side, ultimately falling to a 12–6 defeat. Despite the result, the Sirius girls demonstrated impressive determination and teamwork throughout the match.

Eda S was a standout performer, showing great composure and skill as she transitioned play smoothly from defence to attack. In the goal circle, Lottie F and Millie T worked tirelessly, double-marking Kelvin's shooter in an effort to force errors and disrupt their rhythm. Brooke B also made a significant impact, consistently intercepting the ball and creating valuable opportunities for Sirius to counter. Kelvin's goal shooter proved to be a decisive factor in the match, rarely missing and keeping the scoreboard ticking in their favour.

Although the result didn't go Sirius's way, the team should be proud of their continued effort and resilience over the past two weeks. Congratulations to all the girls for their hard work and commitment!

Year 9 Team: Ava W, Alice K, Eda S, Lottie F, Meadow T, Millie T, Zuzanna S

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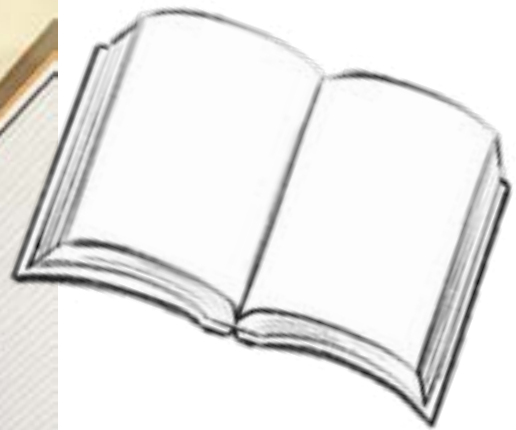
READING MENTORS

Year 12 Reading Mentors

We're incredibly proud of our amazing Year 12 Reading Mentors!

They've been dedicating their time to read with our younger students, helping them grow in confidence and develop a love for reading.

It's wonderful to see such positive relationships forming and the impact these mentors are making. Well done Year 12!



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READING REWARDS

Independent Reading Rewards winners
Congratulations to the Reading Reward winners!



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YEAR 6 OPEN NIGHT

Thank you to all the pupils and their parents and carers that attended the Hall of Fame Year 6 Open Night!

We hope we were able to answer all of your questions.

Please contact us on west-transition@siriusacademy.org.uk should you need any help and support.



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SPORTS CLUBS!

A great start to this half term with all the sports clubs: Rugby, Football, Basketball, Netball, Gym Club, Futsal, Cricket and more!



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U13 GIRLS FOOTBALL

U13 Girls Football – National Cup Round 1

Our U13 Girls team, made up of a fantastic mix of Year 7 and 8 students, took on a strong South Hunsley side in the first round of the National Cup.

Although the match ended in defeat, the girls showed incredible determination, teamwork, and resilience throughout.

Special mentions go to:

Ellie B (Y7) – for a stunning long-range goal!

Charleigh M (Y7) – for some brilliant shot-stopping in goal.

Kasia J (Y7) – for her fearless and solid defending.

A huge well done to all the players involved—you represented the Academy brilliantly.

And a big thank you to Mr Walters for his continued support with the team.



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U14 GIRLS FOOTBALL

The U14 Girls travelled to play a very good Malet side in the National Cup this half term. They showed tremendous character and determination but unfortunately the impressive Malet ran out victorious. Good luck in the next round Malet!

Squad- Darcy H, Alice K, Eda S, Macey T, Charlotte F, Ava W, Lana C, Brooke B, Poppy R, Izzy F.



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YEAR 11 BOYS RUGBY

Liberty Academy 12 Sirius Academy West 18

Sirius Academy West Year 11 boys have once again, for the fifth year running, finished as top seed from Hull going into the Yorkshire Cup Stages of the competition after beating Kelvin Hall and Liberty Academy (formerly Archbishop Sentamu). Sirius were without Ashdon O, Logan S, Corey W, Ollie B, Billy S and Malachy O'D for their trip across to East Hull.

The game was extremely evenly matched in the opening stages, but Sirius gave away too many penalties, which gave Liberty too much of the ball in good areas. A smart kick resulted in Liberty opening the scoring for 8 - 0, and then a try in the corner made it 8 - 0 at the break to Liberty.

The message to the Sirius boys at halftime was to be more disciplined and smarter in defence, then they will see more of the ball and make it count. Frustrations needed to be railed in too, and they must concentrate on the controllables in the game. The second half there was a massive momentum swing in Sirius favour, and captain Isaac L made it count with a smart scoot from close range for 8 - 6. Sirius were seeing lots of the ball in good areas, and a great move down the middle saw Isaac L dummy to the supporting Jake F and create a gap for himself to race over under the sticks to put Sirius 12 - 8 in front. The forwards were working hard down the middle with Jake F, Ronnie H and Noah B took the ball in at every opportunity, making some great yards forward for their team. Unfortunately, ill discipline again from the Sirius side, which Liberty capitalised on and went over in the corner to take it 12 - 12. The Sirius side really picked it up in the last minutes of the game, putting lots of pressure on the Liberty side, and when the impressive Clinton T got the ball in the middle of the park, he stepped his way through to go over and win the game for Sirius Academy West.

Player of the match went to Ronnie H for his outstanding work rate in attack and defence, a real solid performance from the loose forward.

Please congratulate the boys on their performance, character and resilience, this was a really tough game, and they had to stick at it till the end, showing real belief in their own ability.

Squad:- Clinton T, Harrison M, Jake W, Oliver C, Enes O, Jacob L, Freddie F, Noah B, Isaac L, Jake F, Harvey K, Bosco M, Ronnie H, Reece F and Darren.

Special thanks to Miss Dent for her support with the team.

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YEAR 7 BOYS RUGBY

Cottingham High School 8 - Sirius Academy West 32

Cottingham got out of the blocks quickly and scored on their first set of six, which shocked the Sirius side as the hosts went 4 - 0 up. However, once Sirius settled into the game they looked strong in attack and on our first set of six, the powerful Kirsten U burst through the defensive line and raced over 60 meters to put the ball down under the sticks to put Sirius 6 - 4 ahead. Sirius continued to pile on the pressure, and there was no stopping Archie B as he showed real strength to crash over for 10 - 4. The forwards were working hard, with Max H, Dylan H and Archie B running the ball in well. This got Sirius near the Cottingham tryline, and some great passing down the line to exploit the space out wide was superbly executed as Jacob W went in at the corner for 14 - 4 at the break.

From the kickoff to Sirius at the start of the second half, Jacob S caught the ball on the full and made 50 meters, a quick play the ball saw Cohen O power his way over for 20 - 4. Freddie G and Stanley O caused the Cottingham defence problems to get near the tryline, which set up Archie B to go over for his second. Devon R at hooker was covering every blade of grass in attack and choosing the right options from dummy half. Harry R was pulling all the strings from the halfback position and sent Archie B over for his hat-trick with a well timed crash ball for 26 - 4. Sirius extended the lead even further, when Freddie C came onto the ball like a steam train and there was no stopping him as he went over under the sticks for 32 - 4. Cottingham got a late consolation try to make it 32 - 8 at the final whistle.

This was an outstanding game of Year 7 rugby, considering it was both teams second game together, the standard in attack was superb, with both sides making very few errors in their sets of six.

Player of the match in the backs for Sirius went to captain Harry R, who not only lead his team around the field in attack, his defence was incredible, he is not the biggest of players, but certainly has the biggest heart, putting his body on the line against some very big opponents. Player of the match in the forwards went to Archie B, who was a willing runner in every set, making good yards for his team and getting a well-deserved hat-trick.

Please congratulate the boys on their outstanding team performance:-

Freddie G, Jacob W, Kirsten U, Eden F, Kayden N, Jacob S, Harry R, Dylan H, Devon R, Cohen O, Stanley O, Archie B, Max H, Lewie V, Cruz P, Freddie C, Oscar W and Steven Brown.

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YEAR 9 SPORTS LEADERS

Shine at Hull Active Schools Boccia Competition

We are incredibly proud of eight of our Year 9 Sports Leaders who took centre stage at the Hull Active Schools Boccia event. As the first group from our Sports Leadership programme to lead an external event, they set a fantastic example of maturity, responsibility, and teamwork.

These pupils, part of a larger cohort of 32 Sports Leaders who meet every Wednesday after school, demonstrated outstanding commitment and professionalism in their roles as event officials. Their enthusiasm and dedication was clear to see and they represented the Academy with pride and integrity.

A huge well done to all involved - you were brilliant ambassadors for our school and a credit to the Sports Leadership programme.

Pupils: Oscar H, Archie S, Dylan G, Harry L, Victoria T, Triumph A, Darcie H, Lavinnia N



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